



Isle of Wight Challenge 4/5 May 2024

# CHALLENGE

## FACTSHEET



organised by  
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4 / 5 May 2024

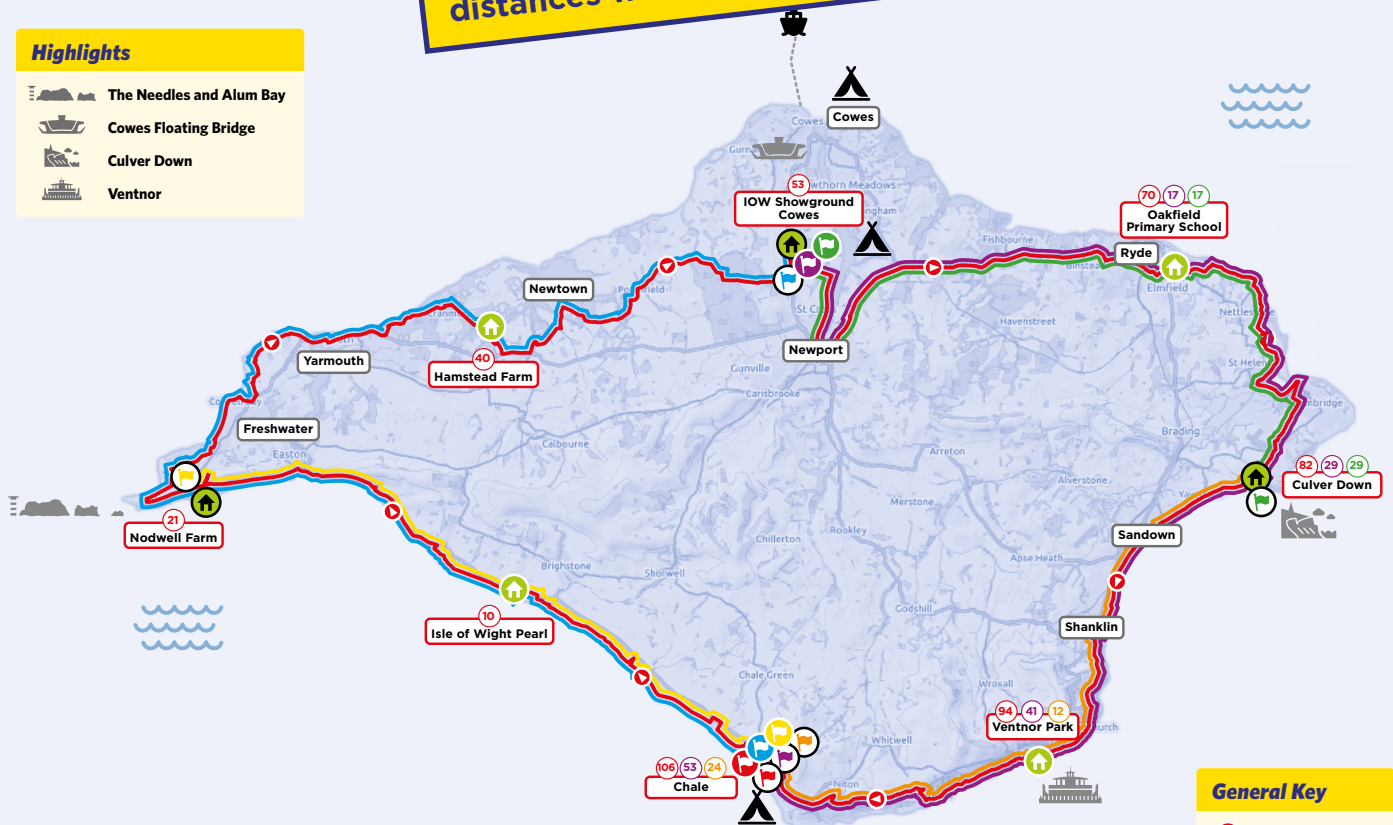


Great challenges need great settings – and few are better than the Island’s stunning coastal path. Up to 2,000 adventurers will take on the Isle of Wight in May 2024 – all out to push themselves further. It’s along the spectacular southern cliffs, past the iconic Needles, and up to historic Cowes at the half way stop. For Full Island challengers it’s on to historic Ventnor, and back to our welcome base camp in Chale after an epic 106km journey. You’ll get full support & hospitality all the way, and with Three Quarter, Half, & Quarter Island Challenges + new ‘Cross Island’ & 10 mile ‘Medina Estuary’ options also available – there’s an Isle of Wight Challenge for everyone!

New route for 2024 new distances will be added soon.

#### Highlights

- The Needles and Alum Bay
- Cowes Floating Bridge
- Culver Down
- Ventnor



#### Stats

Full Challenge: **106km/2050 climb**  
1st Half Challenge: **52km/1080m climb**  
2nd Half Challenge: **54km/880m climb**  
1st Quarter Challenge: **25km/ 660m climb**  
3rd Quarter Challenge: **29km/400m climb**  
4th Quarter Challenge: **24km/ 480m climb**  
Terrain: **Chalk & coastal path, odd road section and some pavement.**

#### Challenge Key

- Full 106km Challenge
- 1st Half Challenge
- 2nd Half Challenge
- 1st Quarter Challenge
- 3rd Quarter Challenge
- 4th Quarter Challenge

#### General Key

- Challenge Start
- Challenge Finish
- Major Rest Stop
- Minor Rest Stop
- KM Markers
- Route Direction
- Campsite
- Ferry to/from Southampton

“The island is spectacular, the camaraderie between participants like no other event I’ve ever done!”

“A brilliantly organised event - I would highly recommend this to anyone. BUT be prepared it is tougher than you think!”

## Distance options

106 km & 1,800+ metres of climb (clockwise route), the Full Challenge is a tough one! There's a Full 2 Day 'Daylight' option, Three Quarter, Half, and Quarter Island Challenges also - and NEW 'Cross Island' & 'Medina 10 mile' options if you're up for something different. In 2024 there's definitely an Isle of Wight Challenge waiting for you!

### Full Continuous 106 KM Chale to Chale **Challenge**

Saturday 4 - Sunday 5 May | 7:00-9:30am Start

#### DISTANCE:

106 km - 1800 m Elevation

#### DETAILS:

- ✓ Start & Finish: Chale Recreation Ground, Chale
- ✓ Start times: 7am for runners, 7am - 9.30 for joggers & walkers
- ▶ Snacks & drinks - every 10-15 km
- ▶ 25 km - picnic lunch & fizzy drinks
- ▶ 52 km - hot meal
- ▶ 82 km - brunch/ lunch
- ▶ 106 km - cooked breakfast/BBQ
- ▶ Finish - glass of fizz, medal & t-shirt

### Full 2 Day Daylight 106 KM Chale - Cowes - Chale **Challenge**

Saturday 4 - Sunday 5 May | 7:00-9:30am Start

#### DISTANCE:

Day 1 - 52 km - 900 m Elevation

Day 2 - 54 km - 900 m Elevation

#### DETAILS:

- ✓ Day 1: Chale Recreation Ground, Chale > Isle of Wight Showground, Cowes
- ✓ Day 2: Isle of Wight Showground, Cowes > Chale Recreation Ground, Chale
- ✓ Overnight: camp with us option (see Bookable Extras) or local B&B / hotel
- ▶ Snacks & drinks - every 10-15 km
- ▶ 25 km - picnic lunch & fizzy drinks
- ▶ 52 km - hot meal
- ▶ 82 km - brunch/ lunch
- ▶ 106 km - cooked breakfast/BBQ
- ▶ Finish - glass of fizz, medal & t-shirt

### Three Quarter Challenge 82 KM Chale to Culver Down **Challenge**

Saturday 4 - Sunday 5 May | 7:00-9:30am Start

#### DISTANCE:

82 km - 1300 m Elevation

#### DETAILS:

- ✓ Start: Chale Recreation Ground, Chale
- ✓ Start times: 7am for runners, 7am - 9.30 for joggers & walkers
- ✓ One or 2 day options available
- ✓ Finish: Culver Down
- ▶ Snacks & drinks - every 10-15 km
- ▶ 25 km - picnic lunch & fizzy drinks
- ▶ 52 km - hot meal
- ▶ 82 km - brunch/ lunch
- ▶ Finish - glass of fizz, medal & t-shirt

### 1st Half Challenge 52 KM Chale to Cowes **Challenge**

Saturday 4 May | 7:00-9:30am Start

#### DISTANCE:

52 km - 900 m Elevation

#### DETAILS:

- ✓ Start: Chale Recreation Ground, Chale
- ✓ Start times: 7am for runners, 7am - 9.30 for joggers & walkers
- ✓ Finish: Cowes (52 km)
- ▶ Snacks & drinks - every 10-15 km
- ▶ 25 km - picnic lunch & fizzy drinks
- ▶ 52 km - hot meal
- ▶ Finish - glass of fizz, medal & t-shirt

## Distance options - continued

### 2nd Half Challenge 54 KM Cowes to Chale Challenge

Saturday 4 - Sunday 5 May  
6:00-10:00am Start

#### DISTANCE:

54 km - 900 m Elevation

#### DETAILS:

- ✓ Start: Cowes
- ✓ Start times: Sat 4 May - 10am or wait and join up with a Full Challenger friend - OR 6am - 6.30am Sunday 5 May
- ✓ Finish: Chale Recreation Ground, Chale (54 km)
  - ▶ 25 km - picnic lunch
  - ▶ 54 km - hot meal
  - ▶ Finish line - glass of fizz, medal & t-shirt



### 1st Quarter Challenge 25 KM Chale to The Needles Challenge

Saturday 4 May  
9:30-10:00am Start

#### DISTANCE:

25 km & ~500 metres

#### DETAILS:

- ✓ Start: Chale Recreation Ground
- ✓ Start times: Saturday 4 May, 9.30am - 10am
- ✓ Finish: Nodewell Farm, The Needles
  - ▶ 10km - snacks & drinks
  - ▶ 25km - picnic lunch & fizzy drinks

### 4th Quarter Challenge 25 KM Culver Down to Chale Challenge

Sunday 5 May  
9:30-10:00am Start

#### DISTANCE:

25 km & ~500 metres

#### DETAILS:

- ✓ Start: Culver Down
- ✓ Start times: Sunday 5 May - 10am
- ✓ Finish: Chale Recreation Ground, Chale
  - ▶ 15km - snacks & drinks
  - ▶ 30km - finishers meal

### Cross Island Cowes to Chale Challenge

Saturday 4 May  
10:00 Start

#### DISTANCE:

~30 km & TBC climb

#### DETAILS:

- ✓ Start: Cowes, basecamp
- ✓ Start times: Saturday 4 May, 10am start
- ✓ Finish: Chale
  - ▶ 10km - snacks & drinks
  - ▶ 25km - picnic lunch & fizzy drinks

### Medina 10 Mile Cowes to Cowes Challenge

Saturday 4 May  
10:30 Start

#### DISTANCE:

10 miles - and quite flat

#### DETAILS:

- ✓ Start: Cowes Showground
- ✓ Start times: 10.30 am Saturday
- ✓ Finish: Back at the Showground (it's a looped route)
  - ▶ 5 miles - snacks & drinks
  - ▶ 10 miles - optional 'discounted' finishers meal



## Bookable extras

Bookable extras are designed to make the planning for your challenge as easy as possible, providing options for your joining & leaving arrangements, these are summarised below.

### Camping Packages

#### Camping - Friday & Saturday night

##### Chale, Startline

**Inclusive Package:** 1 Person

**Inclusive Package:** 2 Person

**Pitch Only:** 1 Person

**Pitch Only:** 2 Person

**Friday Night Dinner**

#### Camping - Saturday Cowes, Half Way

**Inclusive Package:** 1 Person

**Inclusive Package:** 2 Person

**Pitch Only:** 1 Person

**Pitch Only:** 2 Person

#### Camping - Friday Chale, basecamp

**Inclusive Package:** 1 Person

**Inclusive Package:** 2 Person

**Pitch Only:** 1 Person

**Pitch Only:** 2 Person

#### Camping - Saturday Chale, basecamp

**Inclusive Package:** 1 Person

**Inclusive Package:** 2 Person

**Pitch Only:** 1 Person

**Pitch Only:** 2 Person

#### Camping - Friday Cowes, Half Way

**Inclusive Package:** 1 Person

**Inclusive Package:** 2 Person

**Pitch Only:** 1 Person

**Pitch Only:** 2 Person

#### Camping - Friday & Saturday night

##### Cowes, Half Way

**Inclusive Package:** 1 Person

**Inclusive Package:** 2 Person

**Pitch Only:** 1 Person

**Pitch Only:** 2 Person

**Friday Night Dinner**

### Parking

**Parking for your vehicle is available at :**

- ✓ **The Major Start / Finish Venues.** This combined with the 'before & after' bus transfer options will enable you to join & leave the event 'sensibly'.
- ✓ **Supporter Parking Pass** - so friends / family can park at some 'key' venues along the route.



### Pre Challenge Transfer

**We've a range of shuttle services to take you to your start line, before your challenge. Red Funnel - West Cowes is the closest ferry link to the Chale basecamp (it departs from Southampton).**

- ✓ W Cowes (Ferry) > Chale
- ✓ IOW Showground (Cowes) > Chale
- ✓ Chale > IOW Showground (Cowes)
- ✓ Chale > Culver Down

### Post Challenge Transfer

**We've a range of shuttle services to take you where you need to go after your challenge.**

- ✓ Chale > W Cowes (Ferry) via IOW Showground (Cowes)
- ✓ IOW Showground (Cowes) > Chale
- ✓ IOW showground (cowes) > W Cowes (Ferry)
- ✓ Nodewell Farm (The Needles) > Chale
- ✓ Culver Down > Chale

### Baggage Transfers

**We've a range of services taking your bags forward for access during the challenge - for a change of clothes or shoes, extra layers for the night, or those snacks you can't do without!**

**Please note the max weight limits - these are strict, and bags will be weighed. Quoted prices are per bag.**

**Baggage services will be paid in cash/card on the day - and you cannot pre book.**

- ✓ Storage at basecamp
- ✓ 100KM: Start > Half Way > Finish
- ✓ 50KM HALF: Start > Finish
- ✓ 25KM Quarter: Start > Finish
- ✓ Kit Bag Drop: **Runners only - Up to 10kg bag for FREE**

### Challengers Meal

- ✓ **Friday Night Dinner** - available to book for anyone staying at Chale (basecamp) or Cowes Friday night.
- ✓ **Saturday Morning Breakfast** - available to participants beginning their challenge on Saturday morning at Chale (basecamp) or Cowes. Breakfast the following morning is included in the camping package.
- ✓ **Sunday Morning Breakfast** - available to participants beginning their challenge on Sunday morning at the IOW Showground (Cowes). Breakfast the following morning is included in the camping package.

## Funding & Cost options

### OPTION 1 Self Funding Do It For Yourself

Pay for your place in full. Look forward to a great challenge with no fundraising!

#### FULL CHALLENGE ~100km

**£198** Fee paid online & no fundraising commitment.

#### 3/4 CHALLENGE ~75km

**£169** Fee paid online as & no fundraising commitment.

#### 1/2 CHALLENGE ~50km

**£139** Fee paid online as & no fundraising commitment.

#### 1/4 CHALLENGE ~25km

**£89** Fee paid online & no fundraising commitment.

#### 10 M CHALLENGE ~10 Mile

**£39** Fee paid online & no fundraising commitment.

### OPTION 2 Full Sponsorship For Charity

Pay a small Reg Fee & Fundraise for a chosen Charity (who pay for your place)

#### FULL CHALLENGE ~100km

**£40** Reg Fee & at least **£575** fundraising/sponsorship

#### 3/4 CHALLENGE ~75km

**£35** Reg Fee & at least **£450** fundraising/sponsorship

#### 1/2 CHALLENGE ~50km

**£30** Reg Fee & at least **£360** fundraising/sponsorship

#### 1/4 CHALLENGE ~25km

**£20** Reg Fee & at least **£240** fundraising/sponsorship

#### 10 M CHALLENGE ~10 Mile

**£10** Reg Fee & at least **£100** fundraising/sponsorship

### OPTION 3 Mixed Funding For Charity

Pay for half your place cost & fundraise less for Charity (who pay half of your place cost)

#### FULL CHALLENGE ~100km

**£100** Reg Fee & at least **£300** fundraising/sponsorship

#### 3/4 CHALLENGE ~75km

**£90** Reg Fee & at least **£270** fundraising/sponsorship

#### 1/2 CHALLENGE ~50km

**£75** Reg Fee & at least **£225** fundraising/sponsorship

#### 1/4 CHALLENGE ~25km

**£50** Reg Fee & at least **£150** fundraising/sponsorship

#### 10 M CHALLENGE ~10 Mile

**£22.50** Reg Fee & at least **£70** fundraising/sponsorship

### OPTION 4 Own Place Charity Fundraising

Pay for your place & fundraise whatever you can for a Charity (with NO cost to them)

#### FULL CHALLENGE ~100km

**£198** Fee paid online & fundraise whatever you can

#### 3/4 CHALLENGE ~75km

**£169** Fee paid online & fundraise whatever you can

#### 1/2 CHALLENGE ~50km

**£139** Fee paid online & fundraise whatever you can

#### 1/4 CHALLENGE ~25km

**£89** Fee paid online & fundraise whatever you can

#### 10 M CHALLENGE ~10 Mile

**£39** Fee paid online & fundraise whatever you can

**Fundraising Deadlines** At least 50% of the Sponsorship target (for either the Sponsorship for Charity or Mixed Funding option) should be with your Charity by 3 weeks prior to the Challenge. At this time your Charity will pay a Fee for your place to the Organiser (similar to the Self Funding cost). Failure to meet the 50% target may result in cancellation by your charity. The remaining 50% should be with your Charity 4 weeks after the Challenge.